



Haligonia Sports Athlete Profile: Raeesa Lalani

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by Armaan Ahluwalia

Current team: Dalhousie Universities Tigers Womens Volleyball Team

Position: Power/Outside Hitter

Height: 5'9

Date Of Birth: December 27th 1991

Where are you from: Born and raised in Calgary, Alberta

What are you taking at Dal: Bachelor of Arts with a major in English and a double minor in Journalism and Spanish

What sports did you play in High School: Volleyball, Track and Field, Badminton and Soccer

Favorite Sport other than vball: Does Beach Vball count? haha! Probably Soccer

Why Vball: To be honest I just picked up on the game really fast and improved a lot in a short amount of time

Hobbies: Singing, Acting and playing the piano

Goals for the year: WIN the AUS Championships and go to Nationals

How tough is the AUS: there are a lot of good teams so as long as we bring our A game we are great competitors

Which one Dig, Smash, Block, Set: Definitely Attack!! I love hitting the ball!



Who is your favorite coach and why: ooh tough question. Rick Scott is an amazing coach because he is very knowledgeable and is a very caring coach! My high school coach Taryn Cosser was also amazing because she was the nicest, smartest lady I have ever had the pleasure of knowing!

Pre Game Rituals: If i had it my way it would be a Big Mac! but...I always plug into my ipod and make sure that I have a good warm up so that I am confident when starting a game

Best Skill: technically I would say being a crafty and smart player when hitting, also being a very positive and energy giving player

What is one area you need to work on: Definitely blocking.

How old were you when you started playing: I was in Grade 9, so 13 years old

Your top played song on your Ipod is: I made it (keving rudolf, jay sean, lil wayne)

Favorite movie: Romeo and Juliet (1968 version with Leonard Whiting and Olivia Hussey)

How is it being a Varsity Athlete at Dal: AMAZING!!!!

Role Model: My father Sadiq Lalani and my high school volleyball coach Taryn Cosser

Player you most admire: Kirstie sheppard (#9) on my team, she is sooo quick and strong and all around very good at volleyball. She is a great leader and she is so positive, energetic, and when she celebrates...she celebrates!!

Armaan Ahluwalia lives in Halifax and attends Dalhousie University. Follow his blog at www.inthestands.wordpress.com.



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